



SANDWICHES & WRAPS

MALIBU

roasted chicken, applewood smoked bacon, avocado, cheddar cheese, greens, tomato, caramelized onion aioli, ciabatta

\$8.95 800 CALS

ITALIAN GRINDER

ham, salami, pepperoni, provolone, lettuce, tomato, red onions, giardiniera, red wine vinaigrette, french roll

\$9.25 920 CAL

SHRIMP BLT

seasoned shrimp, bacon, shredded lettuce, tomato, garlic aioli, avocado, french roll

\$9.25 570 CALS

BEAN SCENE VG

roasted sweet potato, three bean relish, avocado, salsa roja, chopped romaine, spinach tortilla

\$7.95 520 CALS

MARK CUBANA

roasted chicken, applewood smoked bacon, black bean spread, avocado, chihuahua cheese, chipotle aioli, spinach tortilla

\$9.25 920 CALS

TURKEY JACK WRAP

roasted turkey, pepper jack cheese, leaf lettuce, pico de gallo, chipotle aioli, wheat tortilla

\$8.95 700 CALS

CLASSIC TURKEY

roasted turkey breast, white cheddar cheese, lettuce, tomato, 9 grain bread

\$7.50 470 CALS

CLASSIC HAM

black forest ham, white cheddar cheese, lettuce, tomato, pretzel roll

\$7.50 470 CALS

CLASSIC VEGGIE VG

house made hummus, tomato, cucumber, red onion, lettuce, spinach tortilla

\$7.50 440 CALS

FEATURED

SMOKEY JACK PANINI

roasted chicken, bacon, pepper jack cheese, guacamole, baby spinach, 1000 island dressing, sourdough bread

\$8.75 830 CALS



WHATTA TUNA

avocado tuna salad, roasted red peppers, pickled cucumbers, super blend slaw, lemon tahini dressing, flatbread

\$7.75 410 CALS

OPTIONS

ADD MEAT GF DF
\$2.75

HOUSEMADE CHIPS VG GF DF
\$2.50 140 CALS

BACON (2) GF DF
\$2.75 130 CALS

AVOCADO VG GF DF
\$1.65 60 CALS

CHEESE V GF
\$1.65 110 CALS

BREAD SUBSTITUTE

for any sandwich, bread can be substituted with gluten-free bread



V-VEGETARIAN **VG-VEGAN** **GF-GLUTEN FREE** **DF-DAIRY FREE**
THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



CN-CONTAINS NUTS
FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.