

# **GRILLED LUNCH**

# **BURGERS**

# THE 1/3 POUNDER

1/3 pound of juicy black angus beef

\$8.50 720 CALS

ADD CHEESE: \$9.25 840 CALS

ADD BACON + CHEESE: \$10.50 930 CALS

#### **TURKEY BURGER**

1/3 pound of juicy turkey patty

\$8.25 550 CALS

**ADD CHEESE: \$8.75** 670 CALS

ADD BACON + CHEESE: \$10.25 760 CALS

## **IMPOSSIBLE BURGER**

1/3 pound of juicy plant based meat \$9.00 450 CALS

# **INGREDIENTS**

choice of griddled onion, tomato, lettuce on a toasted bun with choice of secret sauce, onion aioli or chipotle aioli

## **CHIPOTLE CHICKEN WRAP**

crispy chicken, cheddar, pico de gallo, lettuce, chipotle dressing, wheat tortilla \$8.75 800 CALS

## SESAME GARLIC BIBIMBAP V GF

carrots, kimchi, scallions, quinoa, sesame ginger vinaigrette topped with a fried egg \$7.50 380 CALS

## CHEESE QUESADILLA V

adobo seasoned chihuahua, pepper jack & cheddar cheese on a flour tortilla topped with pico de gallo, sour cream, onions & green pepper

\$9.00 870 CALS | +\$2.50 ADD CHICKEN

### **PHILLY**

griddled chopped steak, bell peppers & onions topped with provolone & pepper jack cheese on a french roll

\$9.25 620 CALS

## **FEATURED**

## **BUFFALO CHICKEN WRAP**

crispy chicken, lettuce, tomato, blue cheese, buffalo sauce, ranch dressing, wheat tortilla \$8.50 770 CALS

# OFF TO THE RIGHT START

## HOT HONEY CHICKEN BOWL GF

arugula, quinoa, grilled chicken, hot honey, goat cheese, sliced apples, chopped almonds, balsamic vinaigrette \$8.50 550 CALS

### **CHICKEN TENDERS**

crispy fried chicken tenders made to order

3 PC \$7.00 550 CALS | 6 PC \$10.50 790 CALS

FRENCH FRIES VG GF DF \$2.75 220 CALS

SWEET POTATO FRIES VG GF DF \$3.50 <sup>280 CALS</sup>

HOUSEMADE CHIPS VG GF DF

BACON (2) GF DF \$2.50 130 CALS

AVOCADO VG GF DF

CHEESE V GF \$1.50 110 CALS

**BREAD SUBSTITUTE** 

for any sandwich, bread can be substituted with gluten-free bread



\$2.25 140 CALS



**GF-GLUTEN FREE** 

\$1.50 60 CALS

**DF-DAIRY FREE** 

**CN-CONTAINS NUTS** 



