



SALADS (no substitutes please)


SOUTHWEST V GF
mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing
\$9.50 | 680 CALS

CAJUN COBB GF
blackened shrimp, chopped romaine, grape tomatoes, avocado, red onion, cage free hardboiled egg, crispy bacon, creamy remoulade dressing
\$10.00 | 600 CALS

BE WELL VG DF
mixed greens, avocado, chickpeas, quinoa, carrots, edamame, cucumbers, green onions, pepita & lime vinaigrette
\$10.00 | 610 CALS

FEATURED

ROASTED BEET & GOAT CHEESE V GF
mixed greens, roasted beets, avocado, walnuts, goat cheese, maple balsamic vinaigrette
\$9.50 | 830 CALS

 **OFF TO THE RIGHT START**

SUPER FOOD BOWL V GF
baby spinach, quinoa, sliced beets, edamame, avocado, sunflower seeds, honey lemon vinaigrette
\$8.75 | 530 CALS

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| POPULAR | <div><div>CRISPY CHICKEN breaded chicken tenders, lettuce, tomato, onion, cucumber, cheddar cheese, ranch dressing \$9.25 710 CALS</div><div>THAI CRUNCH CN roasted chicken, super blend slaw, carrots, crispy wontons, cilantro, scallions, thai peanut dressing \$8.75 380 CALS</div><div>CHICKEN CAESAR romaine, roasted chicken, parmesan cheese, croutons, creamy caesar dressing \$9.25 740 CALS</div></div> | | | |
| | <div>SIDES</div> <div>ADD CHICKEN GF DF \$2.50</div> | <div>ADD BACON (2) GF DF \$2.50</div> | <div>ADD AVOCADO VG GF DF \$1.50</div> | <div>ADD CHEESE V GF \$1.50</div> |